

# International Perspective

**prevention App**  
**„[www.healthy-and-secure.com](http://www.healthy-and-secure.com)“**

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Hybrid Workshop on Textiles Sector with Focus on Handloom Handicrafts  
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## Vision Zero

### 7 Golden Rules – for zero accidents and healthy work



1. Take leadership – demonstrate commitment
2. Identify hazards – control risks
3. Define targets – develop programmes
4. Ensure a safe and healthy system – be well-organized
5. Ensure safety and health in machines, equipment and workplaces
6. Improve qualifications – develop competence
7. Invest in people – motivate by participation

# 7 Checklists for employers and managers

How do things look in your enterprise?

| 1 I demonstrate safety and health, set the standards and serve as a role model for my employees and managers.  | Individual Rating | Overall Rating |
|--|-------------------|----------------|
| I am responsible for the safety and health of my employees. I am aware of this and accept this responsibility.   | ○○○               |                |
| I have established and communicated occupational safety and health objectives (mission statement, principles).   | ○○○               |                |
| Safety and health take precedence for me - in case of doubt I say "stop".  | ○○○               | ○              |
| Safety and health is always the first item on the agenda in all meetings at my enterprise.   | ○○○               | ○              |
| I am aware that I serve as a role model. I follow the rules and use personal protective equipment. When I see unsafe actions, I intervene immediately and talk to the person involved. | ○○○               | ○              |
| I attend training opportunities on occupational safety and health (OSH) for leaders and obtain current information.  | ○○○               |                |

| 2 The importance of safety and health is known to everyone in my enterprise - and we talk about it openly. | Individual Rating | Overall Rating |
|--|-------------------|----------------|
| We have clear rules for working safely.  | ○○○               |                |
| I make sure that every employee knows the rules.   | ○○○               | ○              |
| I discuss safety and health matters with my employees.   | ○○○               | ○              |
| My employees always know who is responsible and in charge.   | ○○○               | ○              |
| I solicit feedback from my employees to determine whether I live up to my function as a role model.        | ○○○               |                |

| 3 I act consistently and demonstrate the importance safety and health at work has for me.  | Individual Rating | Overall Rating |
|--|-------------------|----------------|
| Before anyone in my enterprise assumes management responsibilities, he or she attends an OSH leadership seminar.                                     | ○○○               |                |
| My managers know how important occupational safety is to me. Rules are followed equally by all employees and managers.                               | ○○○               | ○              |
| I praise correct action and consistently address misconduct. I do not tolerate disorder or negligence at the workplace.                              | ○○○               | ○              |
| I also emphasize the importance of occupational safety and health in the enterprise to contractors, companies we work with, suppliers and customers. | ○○○               |                |

| 4 I invest in safety and health in the enterprise.   | Individual Rating | Overall Rating |
|--|-------------------|----------------|
| My employees have sufficient time to do their work carefully and safely.   | ○○○               |                |
| My employees know their right and duty to stop work if it cannot be done safely.   | ○○○               | ○              |
| I and all my managers regularly verify that safe work practices are followed, for example in the course of safety inspections, safety audits, cross-audits and according to the principle of dual control. | ○○○               | ○              |
| I make sure that adequate means and a financial budget are provided for safety and health.   | ○○○               |                |

## 2 The importance of safety and health is known to everyone in my enterprise - and we talk about it openly.

We have clear rules for working safely.

I make sure that every employee knows the rules.

I discuss safety and health matters with my employees.



## Prevention App in English and Bangla



- for floor managers and workers in Bangladesh
- launched in 2021
- easy-to-follow
- digital
- „Corona“ is included





English ▼



## Guidance for workplace

A guidance to getting your workplace ready for COVID-19.



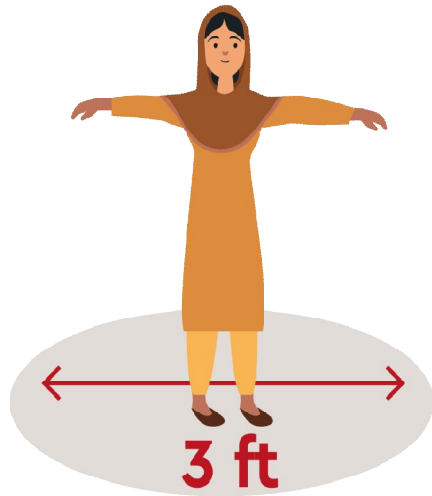
### At the entrance of the workplace

- Ensure body temperature checks for employees entering the workplace (using infrared thermometer or thermal scanning)
- Thermal screening for fever: as per local government guidelines or body temperature above 99.14 F (37.3°C).



### Hand sanitizers and wash stations

- Put hand sanitizer at the entrance of the factory and at prominent places around the factory.
- Make sure that hand sanitizer dispensers are regularly refilled.
- Establish more hand wash stations throughout the factory with an adequate number of water taps and soap to facilitate frequent hand wash.



## Prevention of Corona





English ▼



## Ergonomics



Lifting, carrying and pushing



Sewing workstations



Ironing workstations



Move your body

Safety@Work



## Safety@Work



Corona



Hygiene



# Sewing Workstations



## Armrests for high sewing machines



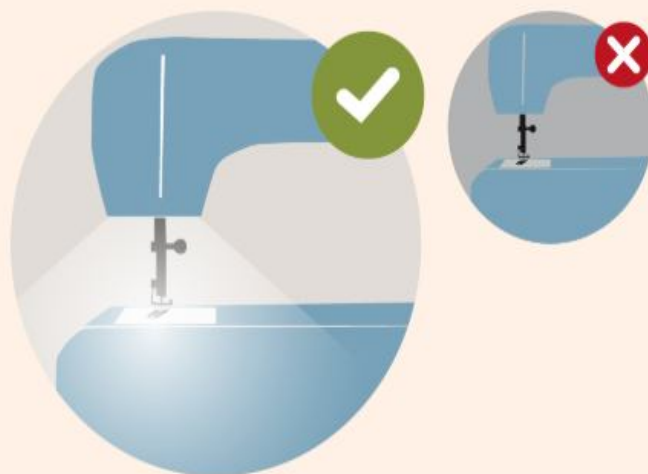
To hold the arms over a long period of time is extremely exhausting.

Arm rests relieve the musculature and prevent tiredness of the arms. Additionally, precise working is easier.

Tip

Armrest should be adjustable in height.

## Well lighted sewing zone



Adequate light is required for precise work in the sewing area. The light emitting surface should be as large and uniform as possible.

Properly placed local lights are surprisingly effective. Correct lighting also helps to avoid tiredness.



## Content of the Prevention APP

- Textile-workers are guided how to protect themselves and others from Corona and how to stay healthy at work even in a demanding working environment
- The APP also helps management of textile-factories to establish smart measurements of safety & health at the workplace
- The APP had been developed with joined teams from DGUV, GIZ and management and workers from the textile factories
- After Go-Live of the APP, a lot of factories used the APP also to train management & workers with “beamer sessions” directly at the workplace

## Conclusion & next steps

- The APP will be scaled from year to year – e.g. for the construction sector or with virtual prevention trainings
- The APP is multi-lingual – and can be adopted very fast in other countries like Ethiopia and India
- Furthermore, it also can be an important contribution to establish sustainable supply chains with sectors/countries in Africa & Asia
- To discuss in a 2. Workshop: How could a prevention-APP support Vision Zero in India & how could we built such an APP for India?

# Thank you very much!

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